### Physiology, Exercise & Nutrition Research Group



Risk assessment RA	11			-	https://sportsciencesafety.stir.ac.uk		
Faculty / Service Area	Faculty of He	alth Sciences and Sport	Location	Sport Science laboratories, other			
Description of work task / e	equipment /are	ea being assessed					
Use of Dry Ice (Carbon Diox	(ide - solid)						
Change log		17 Jan 2013GD25 Oct 2016GDVersion 1.129 Aug 2022New formatVersion 1.225 Aug 2023Added safety regulations links, clarified dry ice delivery procedure					
Head of faculty		Prof Jayne Donaldson	Safety officer		Dr Nidia Rodriguez Sanchez		
Completed by		Gillian Dreczkowski	Date		1 <sup>st</sup> Sept 2011		
Reviewed by		Kerry Bartie Chris Grigson Dr Nidia Rodriguez Sanchez	Date Date of next	review	25 <sup>th</sup> Aug 2023 25 <sup>th</sup> Aug 2024		
Equipment used Polystyrene containers -80 Freezers							
Categories of people involv	red	Staff, UG, PG, Visitors					
Duration of activity Handling of dry ice in preparation for transport normally less than 1 h		Frequency of activity		Dry ice cooled consignments normally sent less than once a week			

#### https://sportsciencesafety.stir.ac.uk/templates/ Revised: 2023-08-28

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Legal compliance to standards and regulations required	<ul> <li>Health and Safety at Work act 1974 (HASAWA) https://www.hse.gov.uk/legislation/hswa.htm</li> <li>Management of Health and Safety at Work Regulations 1999 (MHSWR) https://www.legislation.gov.uk/uksi/1999/3242/contents/made</li> <li>Provision of Work Equipment Regulations 1998 (PUWER) https://www.hse.gov.uk/work-equipment-machinery/puwer.htm</li> <li>The Control of Substances Hazardous to Health Regulations 2004 (COSHH) https://www.hse.gov.uk/coshh/</li> </ul>
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### COSHH Hazards

Anything in category F.6 (Chemical and biological hazards) should go here

\*Details under relevant heading in appendix

Manufacturers COSHH data sheets are required for all chemical hazards and should be attached

The Substance What are the hazards and *classification? *Route of exposure	*WEL mg/m <sup>3</sup>	Who might be harmed and how?	What are you already doing to control the risks?	*Risk rating	What additional controls (if any) are required to reduce the risks?	*Risk rating	Action by who?	Action by when?	Date of completion	Health monitoring
	9150mg/m <sup>3</sup>	All Cryogenic burns	SOP	Low	Supplier delivers to BES stores					No



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Carbon dioxide pellets (Solid)	5000ppm	Dry ice contact with skin may cause cold burns or frost bite.	Suitable, sealed containers must be used Dry ice transported according to UN1845 Laboratory coat and cryoprotective gloves and safety glasses should be warn when handling exposed pellets In the event of a cryogenic burn: All cold burns should be checked by a first- aider or, in extreme circumstances, by a medical expert to confirm the extent of damage.		<ul> <li>(designated place for safe storage)</li> <li>Reception staff should not accept deliveries from supplier</li> <li>Dry ice package removed to ventilated area immediately after delivery with appropriate PE</li> <li>Dry ice purchasing procedure has been updated</li> </ul>					



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			First Aid Advice: Flush affected area(s) of skin or eyes with copious quantities of tepid water but do not apply any form of direct heat.							
		All Asphyxiation In high concentrations sublimed vapour may cause asphyxiation. Low concentrations of CO <sub>2</sub> may cause increased respiration and headache.	SOP Adequate ventilation reduces build up of Asphyxiant CO2	Low						No

Append supplier safety data sheets for all substances here:

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# Standard operating procedure

#### Procedure:

Dry ice is used as a cooling agent when transporting samples (e.g. muscle tissue, whole blood cells etc.) which are required to be kept frozen.

Quantity used, depending on sample numbers, is normally up to 10 Kg of dry ice in pellet form which can be stored for up to one month in a -80°C freezer in a suitable polystyrene container with lid.

Transportation of dry ice must be carried out using a suitable transport container (i.e. polystyrene box) which should be labelled accordingly with a UN 1845, Dry Ice (or Carbon dioxide, solid) label. The net weight of dry ice in kilograms must also be written on the package label.

Supplier is to deliver to BES stores (designated place for safe storage). Reception staff have been informed never to accept deliveries from supplier. Dry ice package should be removed to ventilated area immediately after arrival with appropriate PE and insulated container for transport.

Dry ice should be handled in a well ventilated area to prevent the possibility of asphyxiation. Protective clothing i.e. laboratory coat, cryoprotective gloves (and safety goggles, if necessary) should be worn to prevent cold burn injuries.

Dry Ice Disposal – At normal temperature, dry ice sublimes into carbon dioxide gas. Discharge to atmosphere in quantities of 1 Kg or less.